



1203 Hwy 2 W. Ste 2 Kalispell, MT 59901  
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www.FlatheadFoodBank.com

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Kalispell, MT 59901

Return Service Requested.

**To:**

**Thank You To All Of Our 2015 Community Food Partners, Donors, And Volunteers!"**

**"Stuff The Bus!"**



Featuring the Food Bank's mobile food pantry. The goal? To "Stuff The Bus" as many times possible, collecting over 20,000 pounds of holiday food items!

**Parked outside local stores to accept your donations Noon—6:00 PM each day!**

- Friday, November 6 at **Albertsons!**
- Saturday, November 7 at **Kalispell Super One!**
- Saturday, November 14 at **Evergreen Super One!**
- Friday, November 20 at **Walmart!**
- Saturday, November 21 at **Smiths!**

**Or drop off donations at the Food Bank!**  
Mondays & Wednesdays: 8:00 AM – 3:00 PM  
Tuesdays & Thursdays: 7:30 AM – 5:45 PM  
Fridays: 8:00 AM – 12:00 Noon

**Most needed items and foods of the month:** turkeys, sweet potatoes, clear jello, olives, gravy, pumpkin, hot chocolate, chicken broth, and evaporated milk. All food products will be cheerfully accepted!

**The holiday season often brings thoughts of traditional meals, gifts and special memories shared with loved ones.** Over the past years, thousands of people in Northwest Montana have faced a bleak holiday season – individuals, families, and senior citizens who found themselves without jobs, without income, without homes, or without food. For many, this season is difficult to bear as it becomes even more challenging for them to meet the most basic needs.

But, thanks to you, year after year, we've returned hope and happiness into the lives of so many through our holiday meal drives and distributions.

If you cannot make a food donation, make a financial contribution to our "Holiday Meal Drive", and food will be purchased. Send checks to: Flathead Food Bank – 1203 Hwy. 2 West, Suite 2, Kalispell, MT 59901.

**How can you, your family, group, or organization help us to feed the hungry?**

- ◆ **Host a food drive, contribute to our holiday meal drives or make a financial donation to Flathead Food Bank.** We rely on donations . . . to feed the hungry!
- ◆ **Volunteer with Flathead Food Bank or Second Helpings Thrift Store.** In 2014 our volunteer hours' served by individuals and groups equaled 12 fulltime staff! We simply cannot do what we do without our volunteers! We need YOU!
- ◆ **Participate in a Cause Related Marketing Campaign.** Partner to advance the mission of Flathead Food Bank and your marketing goals.



**NEW, December 1, 2015**



**Flathead Food Bank Endowment Fund**

- ◆ **Beginning in December, you can make a contribution to our Flathead Food Bank Endowment Fund through the Flathead Community Foundation.** It's simple, go to [www.flatheadcommunityfoundation.org](http://www.flatheadcommunityfoundation.org), click on current funds, click on Flathead Food Bank Endowment, and click DONATE NOW!
- ◆ **Connect us with people who are hungry.** If you know of someone who is hungry we want to help in a respectful, kind, compassionate way. Our programs exist to support and help those who have food insecurities. Programs are easily accessible.
- ◆ **Talk about the important work we do.** Because . . . it is!

**"Turkey To Turkey Transfer" With KOFI—1180 AM**

**November 16—20th**



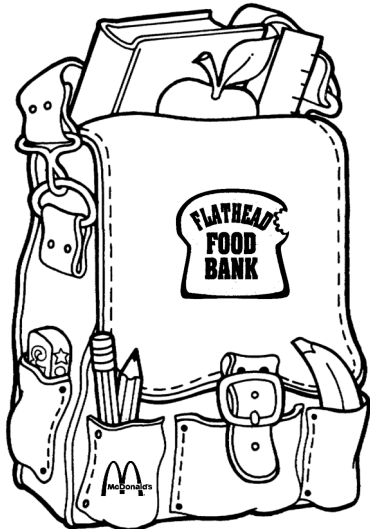
**One More Way To Support Flathead Food Bank's Effort To Bring Holiday Meals To Families In Our Community!**

**Volunteers NEEDED! Positions AVAILABLE: Boxers, Commodity Drivers, Substitutes, & MORE!**



## BackPack Program!

There are children in our community who, when they leave school on Friday, may not eat again until Monday Morning. We respond with BackPacks full of food, to 17 schools, 500+ students! Weekly.



In their own words, they respond to: **When I see my Backpack full of food, I feel . . .**

*"I would be thankful because my tummy would be full!"* - Autumn, 1st grader.

*"I would feel surprised and thankful, I don't have to be hungry all the time."* - Emma, 4th grader.

*"Thankful. Glad and happy to have the food because I need the food to go in my belly."* - Lakota, 4th grader.

## Town Pump Corporation Matching Funds Campaign!

Here's how it works: Town Pump will match your donations, dollar for dollar, through the end of November! Help us spread the word, make a donation at Town Pump or at Flathead Food Bank, and help us set a record for the largest amount of funds raised this year!

## Why Shop at Second Helpings Thrift Store?

- #1—We're **THRIFTY** and **TRENDY**, allowing you to create your own style!
- #2—You might find something **VALUABLE** for next to nothing! Just saying, you could get rich!
- #3—You might, **WILL** find something you **NEED**, from practical to impractical!
- #4—Our store serves the hungry! Dollars you spend are turned into food to **FEED** the **HUNGRY**!
- #5—We **RECYCLE**! Clothing, suitcases, purses, shoes, belts, toys that are not suitable for our store are recycled, bringing in additional dollars to purchase food!
- #6—We give **STUFF** a second chance to be used! This means, we keep **STUFF** out of the landfills!
- #7—Be **TRANSPORTED** to another **ERA**! *"My how things have changed since I was a kid! Telephones had dials! Computers – we had to write by hand or use a typewriter! Download music – we had 8-Tracks!"*
- #8—**SPECIAL EVENTS**, everything you need is in our store! Holiday decorations, costumes, . . . even an occasional ugly sweater!
- #9—**BUDGET MINDED**, in our store you'll find it! From clothes, to . . . moving into and setting up a new apartment or house, Second Helpings Thrift Store is the best place to go!
- #10—**COLLECTOR**? Collecting starts and ends here!

## Can We Do More?

Approximately 1 in 7 Montanans struggle with hunger, including nearly 48,000 children living in food insecure homes. The consequences of hunger are severe and long-lasting:

- ♦ Individuals experiencing food insecurity have increased rates of both physical and mental health challenges.
- ♦ Children struggling with hunger are more likely to have impaired cognitive development, lower math and reading score, and higher rates of absenteeism.
- ♦ Food insecurity among seniors leads to a variety of health problems including an increased chance of being hospitalized, a worsening of chronic conditions, and a weakened immune system.
- ♦ Hunger also has a significant economic impact on our state due to preventable health care costs, lower educational attainment, and lost productivity in the workforce.

Hunger is directly related to the larger problem of economic insecurity in our state. Low wages, job loss, and insufficient fixed incomes leave many families unable to keep food on the table, while trying to afford the rising costs of housing, child care, and medical care.

Your donations to Flathead Food Bank enable us to help more than 3,390 households in our community last year! This year, the number is projected to be even higher. For your support, we thank you!



### Needed:

- ♦ T- Shirt Bags, Save & Donate Them! (Bags like you get at the grocery store.)

## LIKE US, FOLLOW US...

<http://facebook.com/FlatheadFoodBank>  
<http://www.facebook.com/SecondHelpingsThriftStore>

**Did You Know That You Can Donate NOW? Simply Go To . . .**  
**[www.flatheadfoodbank.com](http://www.flatheadfoodbank.com)!**



Created to sustain the Flathead Food Bank.  
Find us in the old Gateway West Mall, north of Arby's.  
We appreciate your support of Flathead Food Bank!

**30% off**  
**Entire Purchase On Saturdays!**



Valid On All Saturdays In  
November & December, 2015  
Limit one per customer.

1203 Hwy. 2 W, (406)752-SAVE  
Open 10 AM - 5 PM Tuesday-Saturday