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**To:**

**“No one has ever become poor, from giving.”**  
- Anne Frank

### From The Executive Director

Holy Cow this spring has been busy working on all of the fundraisers and food drives that are coming up! This newsletter has many, many events listed that are on our schedule. We would love it if you could pick one of these events and join us in helping to raise money or donate food for the Flathead Food Bank!

We are really excited about The disCONNECT to reCONNECT Challenge fundraiser that is happening April 29-30. This is the first time we have done this valley-wide, and are hoping you will help by taking a pledge sheet or pledging to someone you know. If you miss that one, we have the “Give Local Flathead”, which is a fundraiser for many non-profits valley wide, and if you miss those, we have the Postal Carriers Food Drive on May 14. This is the annual food drive in

**May 3rd, Midnight to Midnight**  
**Join Us At The Giving Celebration!**  
**Gateway Community Center**  
**Food, Entertainment, 70 Nonprofit Information Booths,**  
**And People To Help You Donate Now!**

which all Postal Carriers pick up the food that you place by your mailbox in the morning and bring it to us. This is a great way to clean out your cupboards and help the Flathead Food Bank!

Why so many things going on? It is simple...there are more families than ever needing our help right now. Please consider giving and, as always, we appreciate your help more than you will ever know!

**We Always Need Volunteers!**  
With over 15 volunteer opportunities, for individuals and groups at Flathead Food Bank and Second Helpings Thrift Store . . . We know one is just right for YOU! Needed immediately:  
◆ Senior Commodities Delivery Drivers & Subs  
For more information on this and other opportunities, contact us TODAY!



Flathead Food Bank will be joining 9,000 nonprofit organizations to make crowdfunding history! On May 3, 2016, we will be participating in Give Local Flathead as part of Give Local America, a national day of local giving. This event strengthens the foundation of our communities through a 24-hour crowdfunding event that provides critical funding and celebrates the work of local charities across the country.

In 2015 Give Local Flathead raised more than \$75,000 for 58 nonprofit organizations. In 2016, Give Local Flathead hopes to engage even more nonprofit organizations and expand its fundraising efforts to reach \$150,000 in donations.

**\$1, \$5, \$10 . . . \$1,000!**  
**Has The Power To Transform Lives Through The Power of Food!**

Flathead Food Bank is partnering with give Local Flathead hosts—Flathead Community Foundation and Northwest Montana United Way to hit our goal of raising \$10,000!

Because it is held in partnership with nonprofit organizations and community foundations across the country, Give Local America is gearing up to be the largest online fundraising event in history.

We would like to encourage you to be a philanthropist. Many people think you have to be rich to give back, but even the smallest donation can make a big difference! Every dollar really does count as we work to feed the hungry in Northwest Montana.

For more information about supporting Flathead Food Bank for Give Local Flathead 2016, and to donate, visit:  
<http://www.givelocalflathead.org>

**We Are Doing MORE Than Ever Before, Because Of People Like YOU!**

May, June  
2016



### Food of the Month!

May—School Snacks  
June—Soup



**Help Us Stock  
Flathead Food Bank's Warehouse  
For The Summer Months!  
Thursday, May 19—5:00 PMish to  
Sunday, May 22—5:00 PMish**

Summer is a time for vacations, relaxation, and feeling a bit more carefree than during the rest of the year; but for many individuals, children, families, and seniors, this time of year continues to be difficult and challenging when it comes to food insecurities.

Children do not have access to school lunch and breakfast programs in the summer months. The result is that families make emergency food visits to Flathead Food Bank to help stretch their budgets. For many young people, no school means no meals.

Historically, Flathead Food Bank has experienced a slow-down of food donations during the summer months.

Because of this, they are launching the first "Build A Mountain of Food", a 72 hour campaign, targeted to help keep the warehouse and the shelves of the Food Bank stocked for the summer.

The community is invited to shop at their favorite grocery store and make donations of non-perishable foods such as canned soup, vegetables, tomato products, beans, and canned meat; peanut butter, and pasta to Flathead Food Bank. All donated items can be placed in the large food collection boxes at each participating store.



**Kalispell Super One  
Smith's  
Evergreen Super One  
Walmart  
Albertson's  
Natural Grocers**

72 hours that will make an impactful difference in the lives of the hungry in Northwest Montana!

"Build A Mountain of Food" will help to ensure that healthy, fresh food will be available all summer long!

Why participate? **Because summer should be a time of fun, not hunger.**

Flathead Food Bank 1203 Hwy 2 West Kalispell, MT

**You will not forget the one who fed you hope.**

**We Invite You, Your Family, Your Company,  
Your ... Everyone! To Take**

### **The disCONNECT to reCONNECT Challenge!**

**Friday, April 29, 5 PM - Sunday, May 1, 5 PM**

disCONNECT, unplug from all things electronic and reCONNECT to your world and the people living in it. In the process, support Flathead Food Bank! Go to [www.flatheadfoodbank.com](http://www.flatheadfoodbank.com) for more information AND/OR to MAKE A PLEDGE!



**We GRATEFULLY accept food (non-perishable food, fresh garden vegetables and fruit and professionally processed meat) and financial donations throughout the summer months!**



**To receive an electronic version of this newsletter, please email [angela@flatheadfoodbank.com](mailto:angela@flatheadfoodbank.com)**

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Second Helpings thrift store

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